

*"At last, an easy fun and affordable way to meet more people you'd like to dine with."*

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## ***From The seven Habits of Effective People by Steven Covey***

### ***Like yourself first***

Some people say that you have to like yourself before you can like others. I think that idea has merit, but if you don't know yourself, if you don't control yourself, if you don't have a mastery over yourself, it's very hard to like yourself, except in some short-term, psych-up superficial way.

### ***What we are is most important***

The most important ingredient we put into any relationship is not what we say or what we do, but what we are. And if our words and our actions come from superficial human relations techniques rather than from our own inner core, others will sense that duplicity. We simply won't be able to create and sustain the foundation necessary for effective interdependence.

### ***Become a truly independent character***

The techniques and skills that really make a difference in human interaction are the ones that almost naturally flow from a truly independent character. So the place to begin building any relationship is inside ourselves, inside our own character. As we become more independent and proactive, centred in correct principles, value driven and able to organise and execute around the priorities in our life with integrity-we then can choose to become interdependent-capable of building rich, enduring, highly productive relationships with other people.

### ***Good foundation required for the difficult times***

Real self-respect comes from dominion over self, from true independence. Independence is an achievement. Interdependence is a choice only independent people can make. Unless we are willing to achieve real independence, it's foolish to try to develop human relations skills. We might try. We might even have some degree of success when the sun is shining. But when the difficult times come-and come they will-we won't have the foundation to keep things together.

## ***Bonnie's News from The Fraser Coast***

Hi all,

A Table for Six Hervey Bay has had many successful dinners. Everyone is enjoying the concept of meeting other singles.

Currently we have [2 successful matches](#). For both the ladies it was the first dinner. The gentlemen it was their 2<sup>nd</sup> and 3<sup>rd</sup> dinners. We also have many [exchanges of phone numbers](#) as new friendships grow as well. At present we have dinners in all age groups and growing every week.

A few weeks ago I was asked to be a guest speaker at [Rotary Sunrise](#). Of course I used the opportunity to promote A Table for Six Fraser Coast. People are very intrigued with the concept.

Just this week I met 4 teachers on exchange from Shanghai, China and I was promoting the concept to them. You never know....

Despite the language barrier they were able to grasp the concept. They have something similar there and call them a go between.

One of them wants to meet an Australian lady and move here....he was quite specific though, blue eyed blond and lean....his words.....

We have a gentleman from the Sunshine Coast keen to join our dinners as well. Keep in mind you are able to do the same for example dine in Brisbane at a dinner. Check out the website and book in and then let me know so I can verify membership with the franchisor for that area.

I attended Christmas in [July in Brisbane](#) last month, for research purposes of course. This was a great night with 45 other singles.

I plan to have some [bigger events](#) for Hervey Bay as well so watch the web site for these.

This week I have had lots of enquiries, I guess as the [weather is warmer](#) people are more inclined to dine out.

Remember if you are happy with our services and [recommend a friend](#) you receive your [next dinner fee free](#).

*Bye for now, and hope you continue to enjoy your dinners* Bonnie IAL 3072101



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equivalent of French hors d'oeuvres, which are small offerings served with drinks before a meal.

**Dolmades:** Greek stuffed vine leaves.

**Escargot:** French for snails.

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**Tapas:** Appetisers popular throughout Spain.

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## **Anna's News from The Sunshine Coast**

It's a good feeling to see the sun again and feel it on your shoulders after all that rain. Did hear a rumor we might get one last cold snap. Spring is around the corner and I have already had my nose under the beds and deep in the cupboards. Much to my children's disgust as I drag out what I call "garbage" and they call it "treasures". You can imagine the outcome.

Well I have become a mother again. Her name is Princess. She is growing rapidly, very hairy and loves her bottle. She is a Drought master calf born in all the rain. Her real mother just didn't want to take her on. So my motherly instinct kicked in once again.

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Now to business! We have some great places to dine. Let me tell you about them.

If you haven't dined at [The Sprit of Tibet in Moolooaba](#) you are really missing out. Yes it is small and quaint. Yes it doesn't look much from the outside but don't let that fool you. The food is traditional and good. The service is fast and the prices are easy on the pocket. \$15.90 for a main dish! So what are you waiting for? This dinner is on the 12<sup>th</sup> August. 30-40 age group.

13<sup>th</sup> August Saturday Night [Montego's on the Bay](#) Grand Parade Kawana Island. This will be a 40-50 age group. If you want to choose your Mud Crab or Lobster live from the tank, this is the place to be (in season of course). Also Specialize in Duck, Steaks and Macadamia Prawns.

You might have noticed the [Murder Mystery Night](#) on the 19<sup>th</sup> August set in sunny Spain in a hidden location looking over a river. This table of 12 is full. You will have to imagine us all sipping sangria, dressed up in different costumes, eating a choice of about 8 hot fine finger foods. The people on board are just great. It's going to be a riot! Looks like I could be holding another one near the end of the year. Be sure to get in quickly if you missed out on this one.

The [Platinum Restaurant](#) is new to the Sunny Coast. It has been open about 8 weeks. Heard of it? Durporth Avenue Maroochydore. We have a dinner taking place on the 26<sup>th</sup> August. Modern Australian Cuisine of Steak, Duck and Seafood also specialize in vegetarian foods. Fully Licensed.

How can you go wrong with [the Naked Italian at Twin Waters](#)? The last group that went out here all raved about the food. Don't miss dinner there on the 27<sup>th</sup> August. It is for the 50-60 age group. Ladies already seated come on guys! Don't miss the fun. Get on board! [What are you waiting for? There is something there for everyone.](#)

*Take care.*

*Yours in dining.*

*Anna itn 18*



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## Judy's News from Brisbane

Thank you to everyone who attended the [Xmas in July](#) function for making it such a wonderful success. The feedback I have had has been very positive. Approximately 50 members attended the evening, with a few new members attending their first function. It was wonderful to look around the room and to see everyone chatting and enjoying the fabulous food with good company.

Following the success of the [winery tour](#) we enjoyed earlier this year, there have been many requests for another. With our Gold Coast counterparts also keen to do a tour again, we are exploring the idea of combining with them to spend a relaxing Sunday afternoon at another of our fine wineries.

Keep an eye on the website for a [Murder Mystery Party](#) for approximately 20 guests. It's just in the planning stages at the moment. The idea is that 20 people are all given an identity (10 days earlier) e.g. policeman, gardner, prostitute etc. etc. and you come dressed as your identity. You would be given rules at that time to help solve, or prevent anyone knowing if you are the murderer etc. Sounds like a lot of mysterious fun.

### HOUSEKEEPING

Unfortunately I have had a few "no shows" at dinners lately. I am the first to accept that in certain circumstances, members may need to cancel a dinner at the last minute (sickness, family commitments, etc). However, I do **not** accept that a [courtesy phone call](#) to either me or the restaurant cannot be made. Please - as a courtesy to fellow members, the restaurant and me - pick up the phone and make a quick call.

Please remember to quote either your name or give me a [reference number](#) when you are paying by direct debit, phone transfer or internet transfer. Just think of the worst case scenario here - you have paid but I have no record of it!

### FEEDBACK

Thank you to those members who constantly provide me with feedback on the dinners. I am never too busy to receive your comments about dinners attended - positive or negative, it helps me provide [the type of service you want](#).

Regards

Judy (Lic 3069194)



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